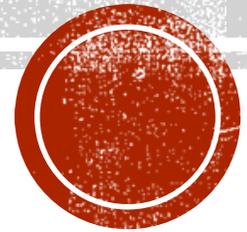


NEEDING STRENGTH

Be strong! You got this!



PHILIPPIANS 4:13

- 13 – Christ is the one who gives me the strength I need to do whatever I must do
- Christ should be one that can give you strength in times of weakness
- Christ should also be one that can give you strength when you scared about certain situations



ISAIAH 40:29

- 29 – He helps tired people be strong. He gives power to those without it.
- Tired doesn't mean lack of sleep in this case
 - Tired means lack of energy or not being able to perform day-to-day tasks with the routine amount of energy.
- He gives power to those that don't have a lot of control in their life.
 - The power he gives is the ability to let people go through life with a much better mentality, because he is guided by his spirit



PSALM 119:28

- 28 – I am sad and tired. Say the word, and make me strong again
- God can change you in the blink of an eye.
- This verse states that the word, ONE word, and more importantly HIS word can take you from sad, tired, and weak



EPHESIANS 6:10

- 10 – To end my letter I tell you, be strong in the Lord and in his great power.
- To me, this is self-explanatory to me, but the subtitle of this scripture raised a brow with me
 - “Wear the Full Armor of God”
- To wear the full armor of God means to always have His strength, guidance, wisdom with you at all times as you journey through life.



2 CORINTHIANS 12:9

- 9 – But the Lord said, “My grace is all you need. Only when you are weak can everything be done completely by my power.” So I will gladly boast about my weaknesses. Then Christ’s power can stay in me.
- God tells you that His grace all you will need.
- Only when you are weak can everything be done in God’s power
- Be bold about your weaknesses and profess them to God
 - Then the power that Jesus Christ holds can stay in you.



PSALM 46:1

- 46 – God is our protection and source of strength. He is always ready to help us in times of trouble.
- God protects us from our troubles provides the strength needed to get through those troubles; for he is always ready to help us in times of need.



PSALM 22:19

- 19 – Lord, don't leave me! You are my strength – hurry and help me!
- This is a plea to God. The author of this scripture is crying out to God to not leave this person.
- For God is the strength that can act quickly and help those who need it.



PSALM 28:7-8

- 7 – The Lord is the strength and shield.
I trusted him with all my heart.
He helped me, so I am happy.
I sing songs of praise to him
- 8 – The Lord protects his chosen one.
He saves him and gives him strength.
- Verse 7 reflects back to Ephesians 6:10,
- To have the Lord be with you gives you the strength needed and he will protect you from trouble
- Once you've received his trust, your happiness will overwhelm the darkness inside and you will sing songs of praise to him.
- God protects His chosen one; for he saves them and strengthens them.



ISAIAH 12:2

- 2 – God is the one who saves me. I trust him, and I am not afraid. The Lord is my strength and I sing songs of praise about him.
- Refers back to Psalm 28:7



ISAIAH 40:31

- 31 – But those who trust in the Lord will become strong again. They will be like eagles that grow new feathers. They will run and not get weak. They will walk and not get tired
- Those who wait for the Lord shall be strengthened with peace in their decision making.
- Your strength will let you fly with the eagles, run and not tired, and walk and not faint



HABAKKUK 3:19

- 19 – The Lord God gives me my strength. He helps me run fast like a deer. He leads me safely on the mountains.
- God gives you strength.
- He helps you run through the hard times, as quickly like a deer.
- His guidance will lead you safely through life.

